

# How to Order Body Balance

Australian Customers Phone: 1800 888 306 – \*Free Call

#### When the operator answers your call advise them of the following details:

- Request to become a Customer
- Product to order: Body Balance: Quantity 1 x 4pack (1 person) or 1 x.8pack (2 person)
- Recommended by: Sue Morris, Life Force International Member Quote: ID No. 20890317
- Your address for delivery
- > Be sure to order on Autoship and receive the 10% discount for greater savings on the product
- > Your preferred payment details: Credit Card or Direct Debit are available methods of payment

(ie. 1 x 4pack bottles incl. delivery approx \$150=\$37.50 each / 1 x.8pack bottles incl. delivery approx \$275=\$34.50each)

## **Instructions for Consuming Body Balance**

Consume daily at any time but best before food for maximum absorption. First thing in the morning and before breakfast has proved to be the most beneficial. It can easily be taken on an empty stomach.

#### The First Four Weeks:

Suggested servings: Take a minimum of 60mls – up to a maximum 120mls a day\*. \*It may take up to 7 days to feel a difference. Body Balance can be watered down if you are particularly sensitive.

## If You Feel Unwell:

Drink additional amounts of *filtered water* – this can lessen the initial effects as your body begins to balance. Approximately 15% of people experience body detoxing symptoms, which may include mild headache or diarrhoea. *It is important to continue* taking Body Balance until you feel a difference or reduce the amount you are taking by half if symptoms persist. If you have any concerns, please contact Sue Morris – Phone: 0411 183 913.

## Maintenance & Regular Ongoing Servings:

Adults: Recommended daily serving is 80mls – 120mls. Children: 1-15years: 5mls – 30mls. Adults with health challenges often take higher amounts - up to 240mls daily. (As an ordering guide: 240mls per day = 8 bottles per month.) Remember, any amount can be taken daily. Most adults consume on average 120mls daily.

## Enhance Your Immune System:

If you are feeling poorly in any way or experiencing a cold/flu/virus etc. take an increased amount of Body Balance for a few days. Building and supporting your immune system is a great long term health plan.

#### Medication:

Body Balance is safe - it is not a synthetic supplement, but an *organic, liquid whole-food*. When your body gets what it needs - it has the opportunity to address its health challenges.

Welcome to experiencing overall health and wellbeing!